

Fall Conference 2017

Mindfulness Based Interventions In Chaplain Work

October 11-12, 2017

Caraway Conference Center, Sophia, NC

Facilitator



Bobby Newell is a Clinical Social Worker specializing in Dialectical Behavior Therapy and maintains a private practice in Durham, NC. With over 15 years of experience as a psychotherapist, and as a graduate of UNC Chapel Hill, she is currently serving as a private practitioner working with a broad spectrum of clients. Among her areas of expertise are reducing depressive symptoms, developing coping skills for anxiety, eliminating self-harming behaviors, and using mindfulness techniques to reduce stress during life adjustments.

Schedule of Events

Wednesday, October 11, 2017

- 6:00 pm Dinner/Check In
- 7:00 pm Pre-Conference Fellowship with Board Games & Refreshments

Thursday, October 12, 2017

- 7:30 am Breakfast (for attendees who stayed overnight)
- 8:00 am Registration Opens
- 8:45 am Welcome and Centering Time
- 9:00 am Session I: What are Mindfulness Based Interventions in Chaplain Work?
- 10:30 am Break
- 10:45 am Session II: How To Use Mindfulness Based Interventions
- 12:00 pm Lunch
- 1:00 pm Business Session
- 1:30 pm Session III: Compassion Fatigue
- 3:00 pm Closing Remarks/Evaluations

A total of 4.5 contact hours will be offered. Registration accepted through September 15. Any late or cancelled registrations will incur a fee. Any credit card payment refunds will incur a processing fee. Please note NCCA conferences are held at retreat centers-please plan to bring all personal items you might need (shampoo, etc.).

To register, visit www.ncchaplains.com.
For more information, e-mail admincoordinator@ncchaplains.com.
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