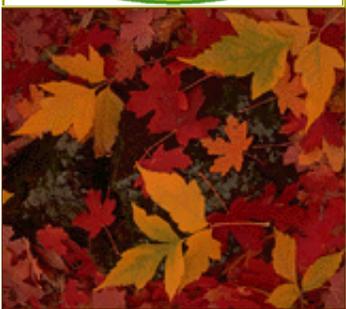




# President's Message



FALL 2009 NEWSLETTER  
NORTH CAROLINA CHAPLAINS' ASSOCIATION

I am writing this while sitting at home during a week of vacation spent just being at home. This is not a "staycation" or a poor woman's vacation. This is a retreat. You see, home to me is a sanctuary. A place of rest and peace. A place of God's obvious presence. I sit outside and gaze upon the beauty of my fifteen acres, knowing that God will come to me in the grace of the doe and her fawn; the glide of the feeding hawk; the nuzzle of my beautiful equines. God is in the place and I am blessed to be here.

Sometimes God comes to us in unexpected places and events. I am reminded of a quote from Paula d'Arcy, "God comes to us disguised as our life." It is easy to find God in the peacefulness and the rest. We, who were fortunate enough to attend the spring NCCA conference at Atlantic Beach, found God in each other, in the beauty of the ocean, and, in the wisdom of our elders. Your NCCA board intentionally created time and space for fellowship and rest during that meeting and you welcomed it. Some of you went sailing, or flying, or walking on the beach. You laughed. You talked. You cared for each other only as chaplains know how to care. You relaxed and connected to your fellow members of the NCCA. It was fabulous to see the membership in fellowship and to sense the presence of God among us.

The real challenge we chaplains face is to also expect God to come "disguised as our life." You see, retreat is wonderful but so is life. As chaplains we of course remember that God comes to us in crisis. We have seen it repeatedly in those for whom we care. But when have you stopped to see God in the ordinary? Or more to the point, when have you stopped lately? Have you been able to see God in the budget crisis? What about the struggles over health care reform? Do you hear God's voice in the complaints of your children or the neighbor's ever barking dog? Am I going to see God when I have to return to work next week? It is difficult to answer with an honest "yes." But a "yes" is our goal, for when we can find God in the ordinary we can more readily find God in our crisis.

So what does this brief rambling have to do with the NCCA? The NCCA is a small state organization. We have no paid staff or grand events. We are the ordinary and God is among us. I invite you to become more involved in this ordinary bunch of chaplains. Start with the Fall Education Day. Venture to Caraway and be open to whomever you meet and however God presents to you. Yes, you will receive some of your required continuing education credits but you will also find a community of chaplains that can and will help you on your journey in work and in life. You will find colleagues and friends. You will find care and encouragement. You will find blessing if you expect God in the ordinary.



Jackie Allen  
NCCA President

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**Save the Date!**  
NCCA Spring Conference  
April 28-30, 2010  
Haw River State Park  
Brown Summit, NC

## *LOVING WHAT IS... Thru Body, Breath & Consciousness*

**Program Description:** We are each a self-organizing system in all areas of our humanness ... psychologically, physically, emotionally, mindfully and spiritually. How do we work with our 'system'? Under stress and in the face of chronic trauma, what resources do we possess to be present to what is before us? How do we continue to give our rapt attention to those we serve, whether with a dying patient, a hostile inmate, a grief stricken father, a busy doctor, tired nurse, over stressed manager/boss or our precious loved ones who wait for us at home? In these sessions we will explore, practice and experience:

- **Ways to Ignite the 'Presence Process'**
- **Transforming Anger & Hostility into Compassionate Connection**
- **Standing in Loving Authority**
- **Processes to Nourish & Rejuvenate the 'Listener'**
- **Twelve Innate Qualities all Chaplains possess**
- **Mapping a Spiritual Lifestyle**



Camp Caraway, Asheboro

## Fall Education Day 2009

### **NORTH CAROLINA CHAPLAINS' ASSOCIATION**

Fall Education Day—October 8, 2009  
Caraway Conference Center, Asheboro, NC

***Loving What Is: Thru Body, Breath & Consciousness***  
**with Carolyn Craft**

### ***Conference Schedule***

8:00	Registration
9:00	Welcome & Introduction of Speaker
9:15	Session I
10:30	Break
10:45	Session II
12:00	Lunch (included in the registration)
1:15	Session III
2:45	Question and Answer
3:00	Evaluations and Closing



**NORTH CAROLINA CHAPLAINS' ASSOCIATION  
FALL EDUCATION DAY 2009  
REGISTRATION**

\_\_\_\_ Check if any information is new or changed

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: (\_\_\_\_ Home; \_\_\_\_ Office): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Institution/Church: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Loving What Is:  
Thru Body, Breath & Consciousness  
with Carolyn Craft**

October 8, 2009  
9:00am – 3:00pm  
(lunch included in registration fee)  
Caraway – Asheboro, NC

Member/Associate Member	\$40.	\$ _____
CPE Student	\$25.	\$ _____
Non-Member	\$45.	\$ _____
Add Late Fee after (September 28 <sup>th</sup> )	\$15.	\$ _____

(Registration fee includes lunch at Caraway)  
Regular \_\_\_\_\_ Vegetarian \_\_\_\_\_

**Total: \$ \_\_\_\_\_**

Note: No refunds can be granted after October 1st registration deadline.

**RETURN THIS FORM**, along with your check payable to NC Chaplains' Association, to:  
Chaplain Keith Little  
Carolina East Health System  
2000 Neuse Blvd.  
PO Box 12157  
New Bern, NC 28561  
(252) 634-6200

NCCA offers up to 0.5 CCE (continuing chaplaincy education) units for this meeting.  
This involves no additional cost to you. Certificates will be available at the end of the Conference

**CARAWAY INFORMATION  
Caraway Conference Center and Camp  
PO Box 36  
Asheboro, NC 27204  
www.caraway.org**

## Fall Retreat Speaker

Carolyn Craft is our speaker for this year's fall conference. Carolyn has over 35 years experience and study in various schools of body-centered therapy, meditation and psycho spiritual counseling. She is a graduate of UNC, ordained and licensed from Unity Institute, holds trainings in various modes of therapy, including Hakomi Principles, Compassionate Non-violent Communication, Pastoral Counseling, Heartmath Principles, Gestalt, Behavioral & Mindfulness Practice and more. We are excited to have Carolyn bring our education program this year.



UNITY COUNSELING & CONSULTING  
Integrative Therapy for Mind-Body-Spirit - private and group sessions  
[www.unity.vpweb.com](http://www.unity.vpweb.com) & [www.carolyncraft.com](http://www.carolyncraft.com)  
Speaking & Officiating Services - 919-612-8899/768-8724  
Off: 3904 Hope Valley Rd, Durham, NC 27707  
(Unity Speaks Inc. - 501c3 non-profit)

## Looking Ahead

### **NORTH CAROLINA CHAPLAINS' ASSOCIATION**

Annual Spring Meeting — April 28-30, 2010

Haw River State Park

The Summit Center

Brown Summit, NC

***The great folks from High Point Regional Medical Center will be our hosts for this meeting.***

*A Natural Place To Meet*



"Beyond its role as a training center for the state parks system and other agencies, The Summit provides a serene and natural setting for successful employee training programs, family reunions, youth retreats, teambuilding conferences, spiritual retreats, marriage retreats, holiday parties and club events. Its client list includes businesses, government agencies, conservation organizations, college and university groups, mental health organizations, hobby groups and churches, just to name a few."

[http://www.ncparks.gov/Visit/parks/hari/summit\\_main.php](http://www.ncparks.gov/Visit/parks/hari/summit_main.php)

## Spring Retreat 2009 Recap

There's something uniquely wonderful about having the Spring conference at Atlantic Beach! It's laid back, relaxed and we leave with renewed spirits. This year we left much wiser thanks to the insightful presentations of chaplains Jane Litzinger, Carlton Morales and Harry Burns. The theme was *Grounded In Wisdom*—and we had an opportunity to learn from the professional and personal experiences of our wise colleagues. They all have great hearts for chaplaincy and were inspiring and encouraging.

Our pre-conference speaker was Tiffany Christenson. She was diagnosed with cystic fibrosis at age six and has survived two double lung transplants. She's a dynamic speaker who shares her life long journey with illness and extensive hospitalizations. Her hope is to help chaplains and clinicians better understand the experience of the patient and become more compassionate caregivers.

Our host was Ken Turner from Carteret General Hospital and as always he did a super job in the hospitality department. After the conference on Thursday the first fourteen folks to return their conference registrations enjoyed scenic airplane rides compliments of some very generous friends of Ken. There was also a gusty sailing adventure out past Shackleford Island. Others enjoyed free time on the beach, a nap or catching up with friends.

Other highlights included a delicious luau, the presentation of the Chaplain Of The Year Award to Lil Galphin of Wake Med, and worship on the beach. Our three wisdom elders led worship where we exchanged tokens of our wisdom with one another and shared in a blessing of hands.

As we packed to leave and said our goodbyes, the consensus seemed to be that the biggest problem with the conference was it didn't last into the weekend!

Elizabeth Hyland ~ conference planner  
ehyland@ctc.net



Chaplain Galphin receiving her award at the NCCA 2009 Annual Meeting in Atlantic Beach.

## The Truth About Evaluations

Do you ever wonder if anybody actually reads those event evaluations you complete? Well, the answer is yes! The board reviews them and takes them into consideration when planning future events. Here's a summary of compliments and concerns, and some answers to your questions.

**From The Fall Education Day 2008...**the overwhelming responses were positive: best ever, loved it, and it was practical with theological underpinnings. Suggestions include having everyone introduce themselves, adding worship, having coffee/snacks, and serving a healthier lunch. We have spoken with Caraway about lunch selections. Since we are not the only group there we don't have control over the menu.

**From the Spring Conference 2009...**again the responses were predominately positive.

Requests and suggestions include: more small groups and time to connect with one another, more defined goals for education, have national speakers, put the schedule on the website ahead of time, both more education time *and* more free time, and being inclusive of non-hospital chaplains.

Of course, the biggest concern of everyone is cost since many departments are reducing or eliminating funds for education and travel. We're addressing this one head on by moving the Spring Conference 2010 to The Summit, a conference center at Brown's Summit. This should allow us to offer a quality event with a more reasonable registration fee. To provide coffee, hot tea and pastries/muffins at a hotel is about \$11-12 per person. For the Summit it's more like \$3. Lodging is \$70-90 per night...considerably less than a hotel!

As for speakers, the board tries to balance financial stewardship and the cost/value of national speakers. The goal is to offer notable speakers every few years. A recognized speaker's fees may start at \$4-5000 and go up from there...plus airfare, accommodations, etc. Some will give us a break because we are a non-profit but if they're in demand, they don't discount. If you have any connections to speakers, let Shirley Massey, the new Education chairperson know.

For every event the board's goal is to offer engaging speakers, relevant continuing education and fellowship at the best price possible. Next time we have an event fill out your evaluation because they do get read and we'll do our best to address your concerns.

Elizabeth Hyland ~ event planner and temporary education chairperson for Spring '09 Conference ehyland@ctc.net

For every event the board's goal is to offer engaging speakers, relevant continuing education and fellowship at the best price possible.



## FALL 2009 NEWSLETTER

Call or email for additional copies of  
this newsletter issue:

Rev. Suzanne Franklin  
Director of Pastoral Care  
Wayne Memorial Hospital  
2700 Wayne Memorial Drive  
Goldsboro, NC 27533

Phone: 919-731-6322  
Email: [suzanne.franklin@waynehealth.org](mailto:suzanne.franklin@waynehealth.org)

We're on the Web!  
[www.ncchaplains.com](http://www.ncchaplains.com)

### Waken in Me a Sense of Joy

O extravagant God,  
in this ripening, red-tinged autumn,  
waken in me a sense of joy  
    in just being alive,  
joy for nothing in general  
    except everything in particular;  
joy in sun and rain  
    mating with earth to birth a harvest;  
joy in soft light  
    through shyly disrobing trees;  
joy in the acolyte moon  
    setting haloes around processing clouds;  
joy in the beating of a thousand wings  
    mysteriously knowing which way is warm;  
joy in wagging tails and kids' smiles  
    and in this spunky old city;  
joy in the taste of bread and wine,  
    the smell of dawn,  
    a touch, a song, a presence;  
joy in having what I cannot live without —  
    other people to hold and cry and laugh with;  
joy in love,  
    in you;  
and that all at first and last  
    is grace.  
- from *Guerrillas of Grace: Prayers for the Battle*  
by Ted Loder

## Nominate Someone for 2010 Chaplain of the Year!

### CHAPLAIN OF THE YEAR 2010

We hope you were able to join us this past Spring in Atlantic Beach to celebrate with Chaplain Lil Galphin, our 2009 Chaplain of the Year (see page 5). Together we experienced the affirming collection of stories from her patients, her students (former and present), her administrators, her colleagues, and her community friends which underscores her commitment, personal integrity, and way of being.

Last year we received many deserving nominations and wish we could have given all of them the award ... now it's time for new nominations. Do you know a chaplain who:

1. *Participates in the North Carolina Chaplains Association;*
2. *Supports colleagues;*
3. *Participates in advocacy for professional chaplaincy and pastoral care;*
4. *Contributes to the field of pastoral care/chaplaincy;*
5. *Provides education?*

If you do, I strongly encourage you to go to the NCCA website ([www.ncchaplains.com](http://www.ncchaplains.com)) and click the *Chaplain of the Year* tab. Complete a nominating application and **send it in!** Let's continue to recognize and celebrate each other. For those of you who have already submitted an application last year, please send me a note asking for resubmission

Blessings,  
Darryl I Owens, Vice President  
[diowens@unch.unc.edu](mailto:diowens@unch.unc.edu)

***Submit your nomination today!***